

Healthy Spiritual Habits

May 5, 2024

Hebrews 13:5-8, *“Make sure that your character is free from the love of money, being content with what you have; for God Himself has said, “I will never desert you, nor will I ever forsake you,” so that we confidently say, “The Lord is my helper, I will not be afraid. What will man do to me?” Remember those who led you, who spoke the word of God to you; and considering the result of their conduct, imitate their faith. Jesus Christ is the same yesterday and today and forever.”*

Luke 22:42-44, *“Father, if You are willing, remove this cup from Me, yet not my will. Now an angel from heaven appeared to him, strengthening Him. And being in agony He was praying very fervently; and His sweat became like drops of blood, falling down upon the ground.”*

1. Prayer

Mark 1:35, *“In the early morning, while it was still dark, Jesus got up, left the house, and went to a secluded place, and was praying there.”*

Hebrews 6:19, *“This hope we have as an anchor of the soul.”*

2. The Word of God

Luke 4:17-18, *“The book of the prophet Isaiah was handed to Jesus. And he opened the book and found the place where it was written, “The Spirit of the Lord Is upon Me, Because He anointed Me to preach the Gospel to the Poor. He has sent me to proclaim release to the captives, and recovery of sight to the blind, to set free those who are oppressed.”*

3. Forgiving

Matthew 6:14-15, *“For if you forgive others for their transgressions, your heavenly Father will also forgive you. But if you do not forgive others, then your Father will not forgive your transgressions.”*

Luke 6:36-37, *“Be merciful, just as your father is merciful. Do not judge; and do not condemn, and you will not be condemned; pardon, and you will be pardoned.”*

4. Outreach

Matthew 28:18-20, *And Jesus came up and spoke to them ,saying, “All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all nations, baptizing them in the same name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.”*